

Name: ASHCRAFT		Grading Quarter: 3	Week Beginning: 1
School Year: 2024		Subject: Physical Education	
Monday	Notes:	Objective: Understand school rules and how to use our school planners Lesson Overview: Intro to school rules and expectations	Academic Standards: S4.M1 S4.M4 S4.M6 S4.M7
Tuesday	Notes:	Objective: Understand classroom rules and expectations. What to expect from PE this year. Lesson Overview: Intro to class Rules and expectations Classmate Bingo	Academic Standards: S4.M1 S4.M4 S4.M6 S4.M7
Wednesday	Notes:	Objective: Get to know our classmates and work together to reach a goal. Lesson Overview: Review safety rules Team building activities: Floor is Lava,	Academic Standards: S4.M1 S4.M4 S4.M6 S4.M7
Thursday	Notes:	Objective: Discuss personal responsibilities by using appropriate etiquette and safe behaviors. Lesson Overview: Practice using team etiquette while playing 5 base a kickball game. Discuss rules of the game.	Academic Standards: S4.M1 S4.M4 S4.M6 S4.M7
Friday	Notes:	Objective: Students will use fitness equipment appropriately and safely. Lesson Overview: Review 5 base rules and play.	Academic Standards: S4.M1 S4.M4 S4.M6 S4.M7

Name: Ashcraft	Grading Quarter:	Week Beginning: 2
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School Year: 2024		Subject: PE	
Monday	Notes:	<p>Objective: To throw while stationary, lead pass to a moving target</p> <p>Lesson: Introduction to throwing and catching with a medium sized ball. Learn correct throwing and catching form.</p>	<p>Academic Standards:</p> <p>S1.M4 S1.M3 S1.M5</p>
Tuesday	Notes:	<p>Objective: Pass and receive to a moving target.</p> <p>Lesson Overview: Drills that involve throwing a ball to moving target and the target receiving the ball.</p>	<p>Academic Standards:</p> <p>S1.M4 S1.M3 S1.M5</p>
Wednesday	Notes:	<p>Objective: Throw while stationary.</p> <p>Lesson Overview: Review the throwing and catching concepts. Students will practice throwing a soft ball to a partner, the partner will catch with a baseball/softball glove. Keep eye on the ball as you catch. Move the glove to the ball. Elbow high, point to target, step to throw, use hips.</p>	<p>Academic Standards:</p> <p>S1.M4 S1.M3 S1.M5</p>
Thursday	Notes:	<p>Objective: Throw while stationary, lead pass to moving target. Pass and receive to a moving target.</p> <p>Lesson Overview: Practice throws with the football. Run simple routes and throw to runner. Location important, lead runner to the pass.</p>	<p>Academic Standards:</p> <p>S1.M4 S1.M3 S1.M5</p>
Friday	Notes:	<p>Objective: Throw while stationary, lead pass to moving target.</p> <p>Lesson Overview: Warmup: Active stretching 5 base kick ball</p>	<p>Academic Standards:</p> <p>S1.M4 S1.M3 S1.M5</p>